

# HOW SMOKE HURTS

## Materials:

- Large Drawing Paper
- Crayons
- Pictures of Parts of the Body (Lungs, Ears, Eyes, Throat, Heart, Nose)
- Tape

## Objective:

Teach children how secondhand smoke can hurt the different parts of their body.

## Activity:

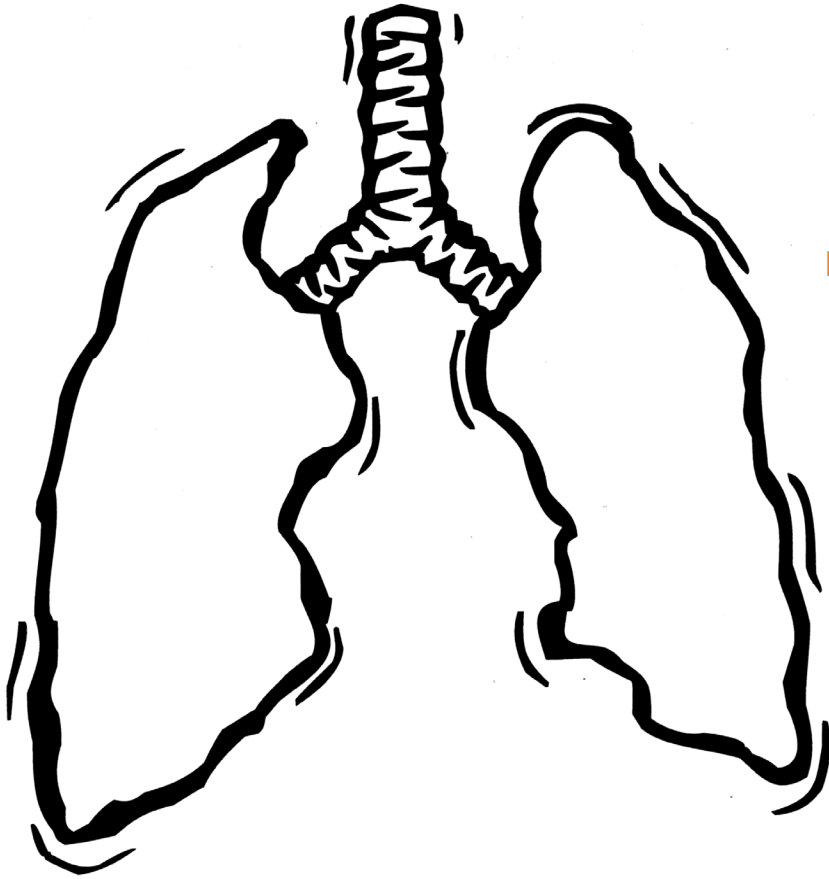
**Step 1:** Have one child lay on the piece of paper and trace his/her outline. Cut out the shape.

**Step 2:** Have the children color the various parts of the body. As they are coloring, explain to them where the parts belong.

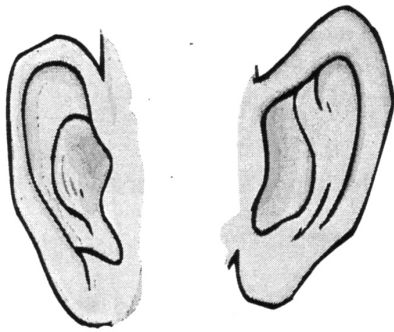
**Step 3:** Explain to the children how smoke can hurt the different parts of the body.

**Step 4:** Put tape of the back of each body part and have the children tape the body part to the proper place on the body outline.

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**Lungs:** Smoke can make it hard to breathe.

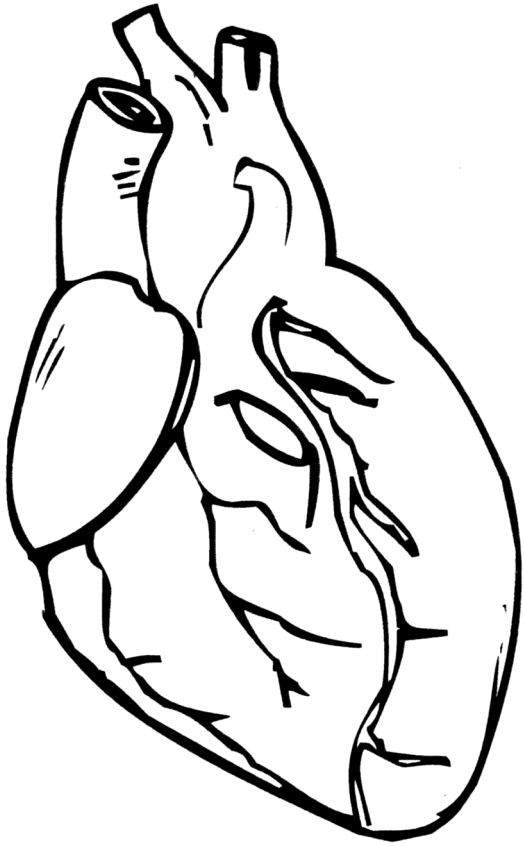


**Ears:** Smoke can cause children to have ear infections.

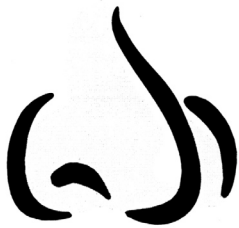


**Mouth:** Smoke can make children cough.

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**Heart:** Smoke can make children's hearts beat fast.



**Nose:** Smoke can be breathed through a child's nose.



**Eyes:** Smoke can make a child's eyes itch and water.