Access Valid & Reliable Resources
Grades 3-5

Language of Health Literacy:

Trust means _____.
I trust when a source has ____ because _____.
Something I know I can trust is _____ because ______.
____ has ____ (criteria). This makes it trustworthy because _____.
____ does not have ____ (criteria). This makes it a less trustworthy source of information because _____.
____ gives me information I can trust because _____.
I trust this source of information because _____.

I would go to ____ (source of information) because _____.
I went to ____ to answer my health-related question because _____.
____ (source) provided me trustworthy information about _____. I know this because _____.
____ (source) did not provide me trustworthy information about _____. I know this because _____.

Step 1: Identify Characteristics of Trusted Information
Sub Skills:
• Define trusted information
• Use a checklist to evaluate a source
• Apply criteria of trusted information

Step 2: Locate Trusted Information
Sub Skills:
• Know “go-to” trusted sources of information
• Use a variety of sources to answer health-related questions