



Access Valid & Reliable Resources

Grades 3-5

Language of Health Literacy:

Trust means ____.

I trust when a source has ____ because ____.

Something I know I can trust is _____ because _____.

____ has ____ (criteria). This makes it trustworthy because ____.

____ does not have ____ (criteria). This makes it a less trustworthy source of information because ____.

____ gives me information I can trust because ____.

I trust this source of information because ____.

Step 1



Step 1: Identify Characteristics of Trusted Information

Sub Skills:

- Define trusted information
- Use a checklist to evaluate a source
- Apply criteria of trusted information

I would go to ____ (source of information) because ____.

I went to ____ to answer my health-related question because ____.

____ (source) provided me trustworthy information about _____. I know this because _____.

____ (source) did not provide me trustworthy information about _____. I know this because _____.

Step 2



Step 2: Locate Trusted Information

Sub Skills:

- Know "go-to" trusted sources of information
- Use a variety of sources to answer health-related questions