



Analyze Influences

Grades 9-12

Language of Health Literacy:

Understanding the impact of influences is important because ____.

____ influences my daily behaviors.

____ is a large influence in my life because ____.

Step 1

____ influences my behavior by ____.

____, a (family/peer/community/culture) influence, causes me to ____ because ____.

Because of ____, I tend to ____.

____ is an example of technology that influences ____ behaviors by ____.

The influence of ____ impacts people's behavior by ____.

____ is an example of how media/technology influences behavior.

____ (influence) can promote ____ in individuals by ____.

____ (influence) can impede an individual from ____ by ____.

A social norm that influences me is ____ by ____.

When a behavior is seen as normal, ____.

The policy/law focusing on ____ influences ____ behaviors by ____.

Step 2

____ is an example of a health risk behavior.

Engaging in ____ health risk behavior can lead to ____.

In the future it will be easier/harder to be healthy because of my engagement in ____.

Step 3



Step 1: Identify Influences

Sub Skills:

- Define influence and different types of influences
- Identify internal and external influences



Step 2: Connect Influences to Outcomes

Sub Skills:

- Connect influence of family, peers, community, & culture to outcomes
- Connect influence of media and technology to outcomes
- Connect influence of social norms to outcomes
- Connect influence of laws and policy to outcomes
- Analyze influences on personal behaviors
- Analyze impact of influences on others



Step 3: Connect Influences to the Future

Sub Skills:

- Connect health risk behaviors to future behaviors
- Connect influences to future behaviors & outcomes