



Teaching Progression Teaching



Step 4: Look Back & Learn

REFLECTION QUESTION(S):

- Did I know and understand my responsibilities? Why or why not?
- Did our team include everyone? Why or why not?
- Did our team experience any conflict? If so, how did we work through this conflict?
- What is something our team was really good at doing?
- What is something our team needs to improve?

VALUABLE VOCABULARY:

*reflection,
areas of growth*

GUIDING QUESTIONS:

Did my team successfully complete our goal? What led to my team's success? What should my team improve for future projects?

NHES PERFORMANCE INDICATORS:

(4.5.1) Demonstrate effective verbal and nonverbal communication skills to enhance health. (4.5.2) Demonstrate refusal skills that avoid or reduce health risks. (4.5.3) Demonstrate nonviolent strategies to manage or resolve conflict.



SUGGESTED LEARNING ACTIVITY:

Ask students questions that will help them understand the importance of looking back on collaborative work and reflecting on what they learned. For example ask the following questions:

- Did I know and understand my responsibilities? Why or why not?
- Did our team include everyone? Why or why not?
- Did our team experience any conflict? If so, how did we work through this conflict?
- What is something our team was really good at doing?
- What is something our team needs to improve?

TEACHING NOTES:

- Model this reflection process by sharing with students a time when you collaborated with others on a team and how it impacted your health.
- Provide multiple opportunities for students to answer these questions.
- Allow students to reflect in a variety of modes, including: writing, partner discussion, whole-class discussion, and one-on-one conferencing.