



Teaching Progression:



Step 4: Reflect

REFLECTION QUESTION(S):

- Did the team achieve our goal? Why or why not?
- Did the team include everyone? Why or why not?
- Did I fulfill my responsibilities? Why or why not?
- Did our team experience any conflict? If so, how did we work through this conflict?
- What is something our team was really good at doing?
- What is something our team needs to improve?

VALUABLE VOCABULARY:

*reflection,
areas of growth*

GUIDING QUESTIONS:

Did my team successfully complete our goal? What led to my team's success? What should my team improve for future projects?

NHES PERFORMANCE INDICATORS:

(4.8.1) Demonstrate effective verbal and nonverbal communication skills to enhance health.



SUGGESTED LEARNING ACTIVITY 1:

Ask students questions that will help them understand the importance of looking back on team work and reflecting on what they learned. For example ask the following questions:

- Did the team achieve our goal? Why or why not?
- Did the team include everyone? Why or why not?
- Did I fulfill my responsibilities? Why or why not?
- Did our team experience any conflict? If so, how did we work through this conflict?
- What is something our team was really good at doing?
- What is something our team needs to improve?

TEACHING NOTES:

- Model this reflection process by sharing with students a time when you collaborated on a team and the results of your efforts.
- Provide multiple opportunities for students to answer these questions.
- Allow students to reflect in a variety of modes, including: writing, partner discussion, whole-class discussion, and one-on-one conferencing.



Teaching Progression: Step 4 | Reflect (Cont.)



SUGGESTED LEARNING ACTIVITY 2:

When students complete a group task, have students complete a personal survey to reflect on their experience. Explain to students that this survey will provide students with questions they can ask themselves in the future after working with a team. See the table below for criteria that students can use to evaluate their teams' performance:

During team work:	Yes / No	Notes:
I can name the goal my team was working to achieve.		
I can name my personal strengths, and how those strengths support my team.		
I used my time wisely while completing the task.		
I encouraged all members of my team to participate.		
I stayed on task.		
I asked questions when I was confused.		
I used active listening strategies to hear other people's ideas.		
My team completed our goal successfully.		
Name one strength of your team:		
Name one area of growth for your team:		