



# Communication Techniques

## Grades 6-8

### Language of Health Literacy:

Communication means \_\_\_\_.

Effective communication is important because \_\_\_\_.

When I am in \_\_\_\_ (situation), it is important to communicate by \_\_\_\_.

If \_\_\_\_ (is happening), I must be aware of \_\_\_\_ when communicating.

Depending on the context, I may need to \_\_\_\_ when communicating.

I am in \_\_\_\_ (setting), which means I should \_\_\_\_ when communicating.

People around me are \_\_\_\_, which means I should \_\_\_\_ when communicating.

I need to make sure I am \_\_\_\_ because those are the stated rules of this setting.

### Step 1

Active listening is important because \_\_\_\_.

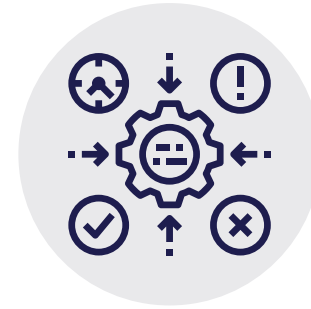
\_\_\_\_ is interesting. How did that make you feel?

You said you \_\_\_\_\_. That reminds me of \_\_\_\_\_ in my own life.

Why did you say \_\_\_\_\_?

So you are saying \_\_\_\_\_. Is that right?

### Step 2



### Step 1: Examine the Context

#### Sub Skills:

- Define communication
- Analyze contexts
- Examine body language



### Step 2: Listen to Others

#### Sub Skills:

- Define active listening
- Use appropriate body language
- Engage with the speaker
  - Ask questions
  - Summarize what you hear



### Step 3: Use Effective Speaking Strategies

#### Sub Skills:

- Use non-verbal communication effectively
  - Eye contact with the listener(s)
  - Appropriate posture
  - Appropriate hand gestures
- Use voice effectively
  - Tone
  - Inflection
  - Speed
  - Volume