

Advocacy for Self Grades PreK-2

Language of Health Literacy:

I am having trouble with _____. I need help.
I can't do _____ on my own. I need help.
I need help doing _____.

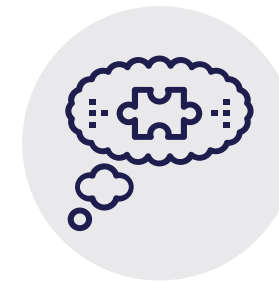
Step 1

_____ is a helper in my life.
I think _____ is a good helper when I have a problem.
_____ could help me with _____.
_____ helps me _____.
_____ helped me with _____.
_____ is someone who could help me when _____.
I would _____ to get attention from _____.

Step 2

My problem is _____.
I need _____.
Can you help me _____?

Step 3



Step 1: Figure Out the Problem



Step 2: Get Attention of Help

Sub Skills:

- Identify helpers for a problem
- Get attention of helpers



Step 3: Ask for What I Need