



Communication Techniques Grades 3-5

Language of Health Literacy:

Communication is ____.
Communication is important because ____.
I need to ____ to help me listen.
Nodding helps ____.
Making eye contact helps ____.
____ is feeling _____. I know this because _____.
I think you are feeling _____. Is that right?
Are you feeling ____?
You are feeling _____, right?
What you are saying is _____.
I like when you talked about _____.
So I hear you saying _____.

Step 1

When I am _____, my voice should be at a _____ volume.
Speed of voice is important because _____.
When talking about _____, I should talk at a _____ speed.
When you said _____, you were speaking very fast. Can you try it again, but slower?
I couldn't understand what you just said. Can you please repeat it?
I feel _____, and I need _____. Can you please help?

Step 2



Step 1: Listen to Others

Sub Skills:

- Define communication
- Use appropriate body language while listening
- Notice the speaker's body language to better understand
- Summarize the speaker
- Ask the speaker questions



Step 2: Speak

Sub Skills:

- Use appropriate volume of voice
- Use appropriate speed of voice
- Show my emotions using body language
- Ask for help with a strong, clear voice